

Full Report (All Nutrients) 45130189, ROSARITA NO FAT REFRIED BLACK BEANS, UNPREPARED, GTIN: 00044300107243

Based on the GS1 Global Data Synchronization Network. [Powered by 1WorldSynch](#)

Report Date: June 16, 2017 15:47 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	0.5 cup (128g) 128g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	110	86
Carbohydrate, by difference	g	--	--	19.00	14.84
Sugars, total	g	--	--	1.00	0.78
Minerals					
Calcium, Ca	mg	--	--	20	16
Iron, Fe	mg	--	--	1.80	1.41
Potassium, K	mg	--	--	420	328
Sodium, Na	mg	--	--	561	438
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.00	0.00
Fatty acids, total monounsaturated	g	--	--	0.00	0.00
Fatty acids, total polyunsaturated	g	--	--	0.00	0.00
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	0	0
Amino Acids					
Other					

Ingredients
Cooked Beans, Water, Less than 2% of: Salt, Distilled Vinegar, Jalapenos, Chile Pepper, Autolyzed Yeast, Spices, Onion Powder, Garlic Powder, Natural Flavor. MAY CONTAIN: SOY. *Date Last Updated by Company:* 07/29/2016